

PRAYERS DURING EXPOSITION

*When you look at the Crucifix, you understand how much Jesus loved you then,
when you look at the Sacred Host you understand how much Jesus loves you now.*

St Teresa of Calcuta

O salutáris hostia,
Quæ cæli pandis óstium;
Bella premunt hostília,
Da robur, fer auxiliúm.

Uni Trinóque Dómino Sit
sempitérna glória, Qui
vitam sine término Nobis
donet in pátria.
Amen.

O saving Victim, opening wide
The gate of heaven to man below
Our foes press on from every side
Thine aid supply, thy strength bestow.

To thy great name be endless praise
Immortal Godhead, One in Three
O grant us endless length of days
In our true native land with thee.
Amen.

V. Panem de cælo præstitisti eis (alleluia)
R. Omne delectamentum in se habentem (alleluia)
V. You gave them bread from heaven (alleluia)
R. Containing in itself all goodness (alleluia)

Tantum ergo Sacraméntum
Venerémur cernui:
Et antiquum documéntum
Novo cedat rítui:
Præstet fides suppleméntum
Sénsuum deféctui

Genitóri Genitóque
Laus et iubilátio.
Salus, honor, virtus quoque
Sit et Benedíctio;
Procedénti ab utróque;
Compar sit laudátio.
Amen.

Therefore we, before him bending
This great Sacrament revere
Types and shadows have their ending
for the newer rite is here
Faith, our outward sense befriending
Makes the inward vision clear.

Glory let us give, and blessing
To the Father and the Son
Honour, might, and praise addressing
While eternal ages run
Ever too his love confessing
Who, from both, with both is one.
Amen.

Lord Jesus Christ,
You gave us the Eucharist
As the memorial
of your suffering and death.
May our worship of this Sacrament
Of your Body and Blood
Help us to experience the salvation
You won for us
And the peace of the kingdom
Where you live with the Father
And the Holy Spirit,
God, for ever and ever.
Amen.

The Divine Praises

Blessed be God.
Blessed be his holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most precious Blood.
Blessed be Jesus in the most holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her spouse most chaste.
Blessed be God in his Angels and in his Saints.

*O Jesus! on this day,
you have fulfilled all my desires.
From now on, near the Eucharist,
I shall be able to sacrifice myself in silence,
to wait for Heaven in peace.*

*Keeping myself open
to the rays of the Divine Host.*

*In this furnace of love,
I shall be consumed,
and like a seraphim,*

Lord, I shall love You.

St Thérèse of Lisieux

**O Sacrament most holy, O Sacrament divine!
All praise, and all thanksgiving,
Be every moment thine!**